

1st international Workshop on Chronobiology and Chronomedicine

InselSpital, Maurice E. Müller Auditorium, Operationstrakt Ost, Stock F, Rosenbühlgasse 25, 3010 Bern
01.09.2026, 08:30 Uhr - 02.09.2026, 15:15 Uhr

InselSpital | Onkologie | University Comprehensive Cancer Center InselSpital | Radio-Onkologie | UDEM | Infektiologie | Sleephouse | Neurologie

1st international Workshop on Chronobiology and Chronomedicine

Event Organizers

Berna Özdemir, Charna Dibner, Christoph Scheiermann, Urs Albrecht, Hans-Peter Landolt

Day 1

- Rationale for considering chronobiology for research and clinical practice
- The Importance of Being Rhythmic: Keeping Metabolism in Synchrony
- Effect of chronobiology on immunity/infectious diseases
- Effect of chronobiology on cancer biology and treatment

Day 2

- Effect of chronobiology on sleep disorders
- Effect of chronobiology on brain and neurocognition

Speakers

- Berna Özdemir, InselSpital, University of Bern
- Francis Lévi, University of Paris Saclay
- Hiroki Ueda, University of Tokyo
- Dirk Jan Stenvers, UMC Amsterdam
- Felix Naef, EPFL Lausanne
- Tinh-Hai Collet, HUG, Geneva
- Achim Kramer, Charité University of Berlin
- Georgia Katsioudi, University of Geneva
- Tomaž Martini, University of Maribor
- Ambra Stefani, University of Innsbruck
- Maria Casanova-Acebes, CNIO, Madrid
- Anne-Laure Huber, INSERM, Lyon
- Zeynep Melis Gül, University of Geneva
- Alper Okyar, Istanbul University
- Ruben Bill, University of Bern
- Linda Grässl, Göttingen University
- Christopher Talbot, University of Leicester
- Beliz Bahar Karaoglan, Ankara University
- Adrian Granada, University of Berlin
- Christine Blume, University of Basel
- Sara Montagnese, University of Padova
- Toru Takumi, Kobe University
- Christian Cajochen, University of Basel
- Riina Takahashi, University of Tokyo
- Koji Ode, University of Tokyo
- Nayantara Santhi, Northumbria University
- Antoine Adamantidis, University of Bern
- Aarti Jagannath, University of Oxford

- Clare Anderson, University of Birmingham

Free registration via email

Please register per [email](#). Deadline August 24th

Sponsored by

- Swiss National Science Foundation
- Inselspital Bern
- Krebsliga Schweiz
- Burgergemeinde Bern

Accommodation

Ador Hotel (10 minutes walking distance to the meeting venue)

Laupenstrasse 15

3001 Bern

<https://www.sorellhotels.com/de/hotels/ador/lage-kontakt>

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